

Class #2: Daily Vitality

Cellular Health

The foundation and root of wellness starts in our cells. We have trillions of cells that make up every tissue and organ in our bodies. Our lifestyles can have a large impact on our cells and our overall well-being. Our daily vitality is dependent on our ability to make lifestyle changes in these 4 core areas: Nutrient Intake, Metabolizing Enzymes, Cleansing Waste & Toxins from our body, and Supporting Healthy Intestinal Flora.

Nutrients

Nutrients serve as building blocks and help protect our cell's important functions like energy production.

Two Choices:

The Daily Nutrient Pack Includes:

- xEO Mega®
- Microplex VMz

Designed for everyone for optimum nutrition, wellness and vitality.



Daily Nutrient Pack

The Lifelong Vitality Pack Includes:

- xEO Mega®
- Microplex VMz
- Alpha CRS®

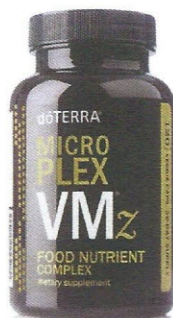
Including the Alpha CRS® makes this a targeted benefit supplement.



Lifelong Vitality Pack

Microplex VMz® Food Nutrient Complex:

- Provides 22 essential vitamins and minerals to support normal growth, function, and maintenance of cells
- Fights free radicals with the antioxidant vitamins A, C, and E
- Supports healthy metabolism and cellular energy
- Supports bone health with calcium, magnesium, zinc, and vitamin D
- Supports healthy immune function
- Supports healthy digestion



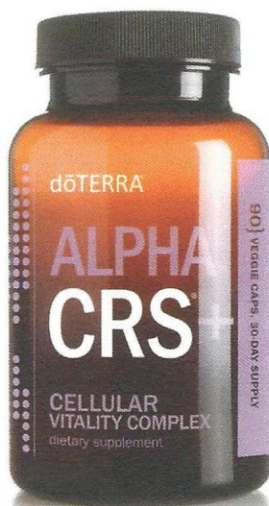
xEO Mega® Essential Oil Omega Complex:

- Promotes healthy cardiovascular, nervous, and immune system function
- Supports healthy joint function and comfort
- Provides important modulating nutrients for healthy immune function
- Protects against lipid oxidation and supports healthy function of the brain
- Promotes healthy skin
- Both marine and plant-sourced omega oils from sustainable sources



Alpha CRS+® Cellular Vitality Complex:

- Supports healthy cell function and metabolism by reducing oxidative stress to DNA and other critical cell structures
- Helps to protect cells against oxidative stress
- Supports cellular energy by supporting healthy mitochondria and by supplying metabolic factors of energy production
- Supports healthy cellular immune function
 - Supports mental clarity and brain function
- Helps support healthy cell function and metabolism
- Supports mental clarity and function
- Includes potent levels of metabolic factors of cellular energy
- Includes botanical extract blend to prevent stomach upset



Deep Blue Polyphenol Complex™

- Includes proprietary, standardized extracts of ginger, curcumin, resveratrol and other polyphenols to soothe aches and discomfort
- Can be used in tandem with Deep Blue Rub or Deep Blue Soothing Blend
- Patent-pending, fast-acting boswellia extract shown to help support muscle and joint comfort and function

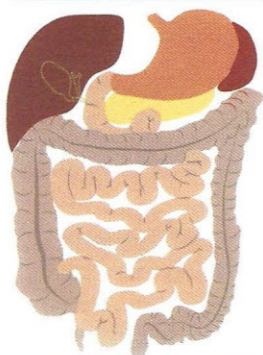


A2Z CHEWABLES & IQ MEGA®:



- Contains a superfood blend that helps support overall health and wellness
- A balanced blend of essential vitamins
- Includes a blend of bioavailable minerals
- Supports healthy cell development
- Provides antioxidant protection against free- radical damage
- Supports healthy cell function and metabolism by providing antioxidant protection to cellular DNA

- Promotes healthy cardiovascular, nervous and immune system function.
- Supports healthy joint function and comfort
- Provides important modulating nutrients for healthy immune function
- Protects against lipid oxidation and supports healthy function of the brain
- Promotes healthy skin



Enzymes

Our bodies need proper amounts of enzymes to help break down and metabolize nutrients such as proteins, sugars, and fats.

TERRAZYME®:

- Supports healthy digestion and metabolism of enzyme-deficient, processed foods
- Speeds conversion of food nutrients to cellular energy
- Promotes gastrointestinal comfort and food tolerance
- Supports healthy production of metabolic enzymes



Cleanse Waste & Toxins

Our bodies need to be able to properly dispose of cellular debris that can build up in the blood and body.

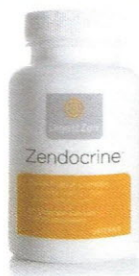
GX ASSIST®:

- First step in an essential oil digestive maintenance program
- Supports a healthy digestive environment
- A proprietary blend of CPTG® Certified Pure Therapeutic Grade essential oils and caprylic acid that provides a natural cleanse for a healthy digestive systems



ZENDOCRINE® DETOXIFICATION COMPLEX:

- Supports healthy cleansing and filtering functions of the liver, kidneys, colon, lungs, and skin
- Supports normal self-detoxification functions of the cleansing organs



ZENDOCRINE® DETOXIFICATION BLEND:

- Supports the body's natural ability to rid itself of unwanted substances
- Supports healthy liver function
- Purifying and detoxifying to the body's systems

LEMON & OTHER CITRUS OILS:

- Naturally cleanses the body and aids in digestion
- Helps ward off free radicals with its antioxidant benefits
- Add a drop to your drinking water for enhanced flavor and antioxidant support



LOOKING FORWARD...

more information for Cleanse & Restore Protocol in Class #3 - Weight Control

Probiotics

Probiotics help support and replenish healthy intestinal flora in the digestive tract. This flora helps the body to properly filter bacteria and waste before they enter the blood stream.

PB ASSIST+®:

- Supports healthy digestive functions and immunities while creating an unfavorable environment for unhealthy elements
- Helps boost GI immunities
- Helps support optimal absorption of nutrients and energy metabolism
- Helps support healthy skin conditions



Healthy Cells Produce VITALITY:

Vitality - an energetic style or a healthy capacity for vigorous activity.

